



# LONELY HEARTS

Intermediate: 4 Wall Line dance (64 counts + 3 tags)  
Choreographer: Gaye Teather (UK) February 2009)  
Music: Lonely Hearts by Raul Malo  
(143 bpm Intro 16 counts from first heavy beat. Start on vocals)  
CD: Lucky One

*Dance rotates in CW direction*

## **Kick-ball-change. Stomp forward. Hold & clap. Step. Pivot 1 / 2 turn Right x 2**

- 1&2 Kick Right foot forward. Step Right beside Left. Step Left in place  
3-4 Stomp forward on Right. Hold & clap  
5-6 Step forward on Left. Pivot 1 / 2 turn Right  
7-8 Step forward on Left. Pivot 1 / 2 turn Right (*12 o'clock*)

## **Side. Behind. Chasse 1 / 4 turn Left. Step. Pivot 1 / 2 turn Left. Full turn Left**

- 1-2 Step Left to Left. Cross Right behind Left  
3&4 Step Left to Left. Step Right beside Left. 1 / 4 turn Left stepping forward on Left  
5-6 Step forward on Right. Pivot 1 / 2 turn Left  
7-8 1 / 2 turn Left stepping back on Right. 1 / 2 turn Left stepping forward on Left (*3 o'clock*)  
*Easier option: walk forward Right. Left*

## **Heel switches x 3. Hold & clap. Right side rock. Cross shuffle**

- 1&2& Touch Right heel forward. Step Right beside Left. Touch Left heel forward. Step Left beside Right  
3-4 Touch Right heel forward. Hold & clap  
5-6 Rock Right to Right side. Recover onto Left  
7&8 Cross Right over Left. Step Left to Left. Cross Right over Left

## **Heel switches x 3. Hold & clap. Left side rock. Behind. Side. Step**

- 1&2& Touch Left heel forward. Step Left beside Right. Touch Right heel forward. Step Right beside Left  
3-4 Touch Left heel forward. Hold & clap  
5-6 Rock Left to Left side. Recover onto Right  
7&8 Cross Left behind Right. Step Right to Right. Step forward on Left

## **Shuffle forward. Shuffle 1 / 2 turn Right. Back rock. Kick-ball-change**

- 1&2 Step forward on Right. Step Left beside Right. Step forward on Right  
3&4 1 / 4 turn Right stepping Left to Left. Step Right beside Left. 1 / 4 turn Right stepping back on Left (*9 o'clock*)  
5-7 Rock back on Right. Recover onto Left  
7&8 Kick Right forward. Step Right beside Left. Step Left in place

## **Shuffle forward. Shuffle 1 / 2 turn Right. Back rock. Kick-ball-change**

- 1&2 Step forward on Right. Step Left beside Right. Step forward on Right  
3&4 1 / 4 turn Right stepping Left to Left. Step Right beside Left. 1 / 4 turn Right stepping back on Left (*3 o'clock*)  
5-7 Rock back on Right. Recover onto Left  
7&8 Kick Right forward. Step Right beside Left. Step Left in place

## **Paddle turns making 1 / 2 turn Left (with hip motion)**

- 1-4 Step forward on Right. Paddle 1 / 8 turn Left. Step forward on Right. Paddle 1 / 8 turn Left  
5-8 Step forward on Right. Paddle 1 / 8 turn Left. Step forward on Right. Paddle 1 / 8 turn Left  
(*9 o'clock*) *Swing/Rotate hips during the paddle turns*

## **Rocking chair. Step. Hold. Pivot 1 / 2 turn Left. Hold**

- 1-4 Rock forward on Right. Recover onto Left. Rock back on Right. Recover onto Left  
5-8 Step forward on Right. Hold. Pivot 1 / 2 turn Left. Hold (*3 o'clock*)

## **Start again**

*Tags: These occur at the end of walls 2 ( 6 o'clock), 4 (12 o'clock) & 5 (3 o'clock) and comprise the following 8 steps*

## **Out. Out. In. Cross. Unwind full turn Right**

- 1-2 Step Right to Right side. Step Left to Left side  
3-4 Step Right beside Left. Cross Left over Right taking weight onto Left  
5-8 Unwind slowly full turn Right over 4 counts. *Option: Dip both knees during turn and straighten on completion.*  
(*Weight remains on Left*)  
*Easier option for steps 4-8. Step Left beside Right on step 4 and rotate hips CCW for 4 counts*