STEPPIN'OFF



THEPage



Approved by:



2 WALL - 64 COUNTS - INTERMEDIATE			
STEPS	Actual Footwork	Calling Suggestion	DIRECTION
Section 1 1 - 2 3 - 4 5 - 6 7 & 8	Side Rock, 1/4 Left With Right Rock, Forward Rock, Shuffle 1/2 Right Rock right to right side. Recover onto left. Turn 1/4 left rocking right to side. Recover onto left. Rock right forward. Recover onto left. Shuffle forward 1/2 turn right, stepping - right, left, right.	Side Rock Turn Rock Forward Rock Shuffle Turn	On the spot Turning left On the spot Turning right
Section 2 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, Coaster Point, Forward Cross Point x 2 Rock left forward. Recover onto right. Step left back. Step right beside left. Point left to left side. Cross step left over right. Point right to right side. Cross step right over left. Point left to left side.	Forward Rock Coaster Point Cross Point Cross Point	On the spot Forward
Section 3 1 - 2 3 & 4 5 - 6 7 - 8	Forward Rock, 1/4 Shuffle Left, Weave With 1/2 Hinge Right And Cross Rock left forward. Recover onto right. Shuffle 1/4 turn left, stepping - left, right, left. Cross step right over left. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to side. Cross step left over right.	Forward Rock Shuffle Turn Cross Turn Turn Cross	On the spot Turning left Turning right
Section 4 1 - 2 3 & 4 5 & 6 7 - 8	Side Rock, Sailor Step, 1/4 Left Coaster, Skate Forward x 2 Rock right to right side. Recover onto left. Cross right behind left. Step left to left side. Step right to place. Turn 1/4 left stepping left back. Step right beside left. Step left forward. Skate right forward. Skate left forward.	Side Rock Sailor Step Coaster Turn Skate Skate	On the spot Turning left Forward
Section 5 1 - 2 3 & 4 5 - 6 7 & 8	Step, Touch, Back Shuffle, 1/4 Right, Touch, Forward Shuffle Step right forward. Touch left behind right. Step left back. Close right beside left. Step left back. Turn 1/4 right stepping right to side. Touch left beside right. Step left forward. Close right beside left. Step left forward.	Forward Touch Back Shuffle Turn Touch Left Shuffle	Forward Back Turning right Forward
Section 6 1 - 2 3 & 4 5 - 6 7 & 8	Forward Rock, Coaster Cross, Side Rock, Behind, 1/4 Right, Step Rock right forward. Recover onto left. Step right back. Step left beside right. Cross right over left. Rock left to left side. Recover onto right. Cross left behind right. Turn 1/4 right stepping right forward. Step left forward.	Forward Rock Coaster Cross Side Rock Behind Turn Step	On the spot Turning right
Section 7 1 - 2 3 - 4 5 - 6 7 - 8	(Repeat Section 5) Step, Touch, Back Shuffle, 1/4 Right, Touch, Forward Shuffle Step right forward. Touch left behind right. Step left back. Close right beside left. Step left back. Turn 1/4 right stepping right to side. Touch left beside right. Step left forward. Close right beside left. Step left forward.	Forward Touch Back Shuffle Turn Touch Left Shuffle	Forward Back Turning right Forward
Section 8 1 - 2 3 & 4 5 - 6 7 & 8	Step, Pivot 1/2 Left, Forward Shuffle, Forward Rock, Coaster Cross Step right forward. Pivot 1/2 left. Step right forward. Close left beside right. Step right forward. Rock left forward. Recover onto right. Step left back. Step right beside left. Cross left over right.	Step Pivot Right Shuffle Forward Rock Coaster Cross	Turning left Forward On the spot
Ending 7 & 8 1	Dance to count 46 (section 6 counts 5 - 6, left side rock/recover), then: Step left behind right. Step right to side. Cross left over right. Step right to side and hold.	Behind Side Cross Side	Right

Choreographed by: Peter Metelnick and Alison Biggs (UK) February 2007

Choreographed to: 'A Cowboy And A Dancer' by Tracy Byrd (106 bpm) from CD Different Things (16 count intro:

after beat starts, on the word 'thumbin' when he sings 'I was thumbin')