



Approved by:

Kim Ray

Inside Out

4 WALL - 32 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<p>Section 1</p> <p>1 - 2</p> <p>& 3 - 4</p> <p>& 5 - 6</p> <p>& 7 - 8</p> <p>Note</p>	<p>Cross Rock, Ball Cross Side, Back Cross, Coaster Cross, Cross</p> <p>Cross rock right over left. Recover onto left.</p> <p>Step right slightly back. Cross left over right. Step right to right side.</p> <p>Facing left diagonal step left back. Cross right over left. Step left back.</p> <p>Straightening up step right beside left. Cross left over right. Cross right over left.</p> <p>Counts 7 - 8 are travelling forward.</p>	<p>Cross Rock</p> <p>Ball Cross Side</p> <p>Back Cross Back</p> <p>Back Cross Cross</p>	<p>On the spot</p> <p>Right</p> <p>Back</p> <p>Forward</p>
<p>Section 2</p> <p>1 & 2</p> <p>Restart</p> <p>3 & 4</p> <p>5 & 6</p> <p>7 & 8</p>	<p>1/2 Turn Right, Back Rock, 1/4 Left, Back Rock, 1/2 Right, Full Turn Right</p> <p>Triple step 1/2 turn right stepping - left, right, side left.</p> <p>Wall 4: start dance again from beginning at this point.</p> <p>Rock right back. Recover onto left. Make 1/4 turn left stepping right to right side.</p> <p>Rock left back. Recover onto right. Make 1/2 turn right stepping left in place.</p> <p>Triple step full turn right, stepping - right, left, right.</p>	<p>Triple Turn</p> <p>Back Rock Turn</p> <p>Back Rock Turn</p> <p>Triple Full Turn</p>	<p>Turning right</p> <p>Turning left</p> <p>Turning right</p>
<p>Section 3</p> <p>& 1</p> <p>2 &</p> <p>3 - 4</p> <p>5 & 6</p> <p>7 & 8</p>	<p>Ball Step, Run Run, Forward Rock, Coaster Cross, Side Rock Cross</p> <p>Step left slightly forward. Step right forward.</p> <p>Small step/run left forward. Small step/run right forward.</p> <p>Rock forward on left. Recover onto right.</p> <p>Step left back. Step right beside left. Cross left over right.</p> <p>Rock right to right side. Recover onto left. Cross right over left.</p>	<p>Ball Step</p> <p>Run Run</p> <p>Forward Rock</p> <p>Coaster Cross</p> <p>Side Rock Cross</p>	<p>Forward</p> <p>On the spot</p> <p>Left</p>
<p>Section 4</p> <p>& 1</p> <p>2 & 3</p> <p>4</p> <p>& 5</p> <p>6</p> <p>Option</p> <p>& 7</p> <p>8 &</p> <p>Option</p> <p>Note</p>	<p>1/2 Turn, Cross & Rock, Ball Cross, Unwind, Ball Cross, Unwind</p> <p>Turn 1/4 right stepping left back. Turn 1/4 right stepping right to right side.</p> <p>Cross left over right. Step right to right side. Cross rock left over right.</p> <p>Recover onto right.</p> <p>Step left to left side. Cross right over left.</p> <p>Unwind full turn left (weight finishes on right).</p> <p>Replace count 6 (unwind full turn) with Hold.</p> <p>Step left to left side. Cross right over left.</p> <p>Unwind full turn left (weight finishes on right). Step left to left side.</p> <p>Replace count 8 (unwind full turn) with Hold.</p> <p>Counts &5 up to 8& are all travelling to left side.</p>	<p>Turn Turn</p> <p>Cross Side Rock</p> <p>Recover</p> <p>Ball Cross</p> <p>Unwind</p> <p>Ball Cross</p> <p>Unwind Step</p>	<p>Turning right</p> <p>Right</p> <p>On the spot</p> <p>Left</p> <p>Turning left</p> <p>Left</p> <p>Turning left</p>

Choreographed by: Kim Ray (UK) March 2008

Choreographed to: 'On The Outside' by Roch Voisine (80 bpm) from CD Double; also available from iTunes (32 count intro)

Restart: There is one Restart, during Wall 4, after count 2 in section 2



A video clip of this dance is available at www.linedancermagazine.com