

# **Up Country**

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32 count, 4 wall, beginner/intermediate level Choreographer: Robbie McGowan Hickie (UK) March 2004

Choreographed to: Let's Put The Western Back In The Country by Joni Harms CD - Lets Put The Western Back In the Country (98/196 bpm); When The Wrong One Loves You Right by Wade Hayes CD - Steppin' Country 2

Intro/Count In:16

### Right Mambo Forward. Left Lock Step Back. 2 x 1/2 Turns Right. Right Coaster Step.

- 1&2 Rock forward on Right. Rock back on Left. Step Right beside Left.
- 3&4 Step back on Left. Lock Right across Left. Step back on Left.
- 5-6 Turn Half turn Right stepping forward on Right. Turn Half turn Right stepping back on Left.
- 7&8 Step back on Right. Step Left beside Right. Step forward on Right.
- Easier Option: Counts 5 6 above ... Walk back on Right. Walk back on Left.

### 2 x Walks Forward. Side Rock & Cross. Side. Together. Chasse Right.

- 1 2 Walk forward on Left. Walk forward on Right.
- 3&4 Rock Left to Left side. Recover weight on Right. Cross step Left over Right.
- 5-6 Long step Right to Right side. Slide Left beside Right. (Weight on Left)
- 7&8 Step Right to Right side. Close Left beside Right. Step Right to Right side.

## Cross Rock & 1/4 Turn Left. 1/2 Turn Left. Back. Shuffle 1/2 Turn Right. Step. Pivot 1/2 Turn Right

- 1&2 Cross rock Left over Right. Rock back on Right. Step Left Quarter turn Left. (Facing 9 o'clock)
- 3 4 On ball of Left, turn Half turn Left stepping back on Right. Step back on Left.
- 5&6 Right shuffle back turning Half turn Right stepping Right. Left. Right.
- 7 8 Step forward on Left. Pivot Half turn Right. (Weight on Right) (Facing 3 o'clock)

#### Side Rock & Cross (Left & Right). Side. Together. Left Shuffle Forward.

- 1&2 Rock Left to Left side. Recover weight on Right. Cross step Left over Right.
- 3&4 Rock Right to Right side. Recover weight on Left. Cross step Right over Left.
- 5-6 Long step Left to Left side. Slide Right beside Left. (Weight on Right)
- 7&8 Left shuffle forward stepping Left. Right. Left.

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